

VOTE AGLAIA

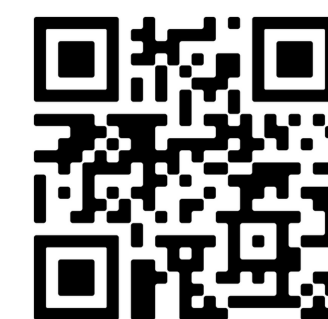
For
Mental Health Officer



MY MANIFESTO 2.0

There is No Education Without Well-being

Scan the QR code
to learn more
about my work!



THIS YEAR I HAVE...

- Contributed to drafting Imperial's first **Mental Health Strategy** as a member of the Institutional Mental Health Strategy **Steering Group**
- **Talked about #mentalhealth** during **campaigns** on World Mental Health Day, Stress Awareness Week, Eating Disorders Awareness Week and University Mental Health Day (with many more planned...)
- Listened to **your ideas** and **represented you** at Union Council and Community and Welfare Forum meetings, lobbying for better student mental health policies
- Used my professional and personal experience to create **positive change** for others

MY VISION FOR 2023-24

1 Institutional Mental Health Strategy
Promote collaboration between students and staff to make mental health everyone's priority at Imperial and implement the vision of Imperial's first Institutional Mental Health Strategy

2 Mental Health Awareness and Stigma Reduction
Hold on-campus and online campaigns, lectures and events to spread awareness and reduce stigma around mental health

3 Well-being and Academic Support
Advocate for more accessible and comprehensive counselling and disability services and clear academic support policies

4 Equality, Diversity and Inclusion
Work with the Union and the wider Imperial network to engage, represent and support students with different backgrounds and interests

#icuElections #Aglaiafortmentalhealth