

Our vision



Lifestyle Medicine conference

Want to meet lifestyle medicine clinicians and be up-to-date about the latest LMAP research? We aim to host our very own LMAP conference in the spring of 2024, by collaborating with other societies, and applying for funding in the summer of 2023. We would like to host talks based on your interests!



More tutorials for phase 1A/B

Struggling with **epidiemology**? Finding **health inequalities** difficult? Or need some **inspiration** for your podcast?

We will cater tutorial sessions to help you tackle your exams, acting on the feedback given on each of the sessions.



Support sessions for Global Health iBSc

Unsure about how to tackle the **upcoming coursework**? Want some guidiance from seniors? Fret not, we will organise tutorials and support material from seniors to support you throughout your year



Organising in-person events with members and committee

Want to **meet others** who share a similar interest for lifestyle medicine? We want to build a **strong LMAP community** where members and committee have more chance of getting to know each other and share our passion for lifestyle medicine.