

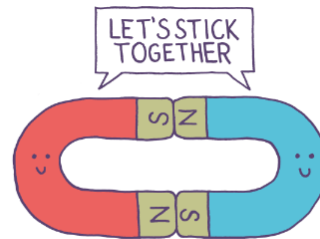
VOTE FOR YOUR WELLBEING REPRESENTATIVE
VOTE FOR LIV

Manifesto

LIV(e) laugh love



My **GOAL** is to prioritise both **mental** and **physical** health, creating a **happy, safe place** on campus allowing us all to thrive!



Mental Health:

I will provide a listening ear to advise and help anyone feeling overwhelmed or unhappy, referring you to the appropriate people if necessary.

Physical Health:

As wellbeing rep, I would encourage healthy habits such as partaking in sports on a Wednesday as well as sending out easy, nutritious recipes for people to try!

As rep I would:

- Be a friendly face on campus
- Give love and guidance as well as advice on any issues

These aims will have a **positive impact** on the campus community because it will encourage us to help each other grow as a good mental health equates to an enjoyable, successful time at **Imperial!**

I look forward to getting to know all of you better over the next year ❤️ ❤️ ❤️ ❤️

Thank you for reading my manifesto and feel free to get in contact with me to ask any questions about my ideas at opp24@ic.ac.uk or **liv.pasley** on Instagram